

# PRESSURECARE

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Instructions for Use

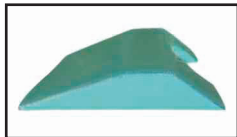




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**EL903 Oasis Elite Prone Positioner**

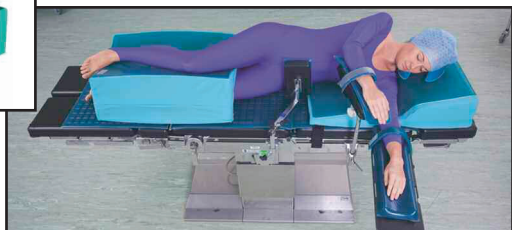


**Oasis Elite Large Prone Positioner**



**Image 1**

**EL800 Oasis Elite Lateral Leg Positioner**



## Prone Position



## Supine Position



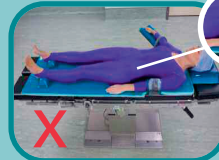
## Lateral Position



## Lithotomy Position



### Oasis + Discs OP015



### Oasis + Long Armboard Pad OP101



### Oasis + Head and Neck Support OP151



### Elite Trendelenburg System



FOR PROCEDURES UP TO 40°

ELTS40



IMAGE 2

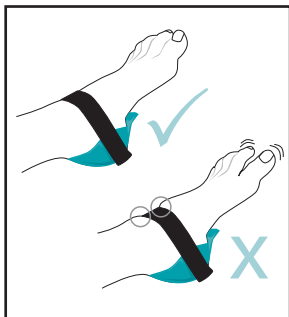


IMAGE 3

## EL913: Oasis Elite Lateral Park Bench Positioner



## Oasis Heel Cups (OA131)



# Advice to ensure long life and best Service from your Trulife Pressurecare products.

Trulife Pressurecare products are designed to assist with the distribution of pressure across a larger surface area and assist with supporting patient positioning. A Patient's predisposition to developing a pressure injury is based on many factors including intrinsic factors such as general health, age, weight and pre-existing medical conditions. The risk of patients acquiring pressure related injuries can be minimized by properly using the Trulife range of products, along with good clinical practices. Appropriate care and attention will ensure the long life and durability of your Trulife Pressurecare products.

## General use of your Trulife Pressurecare products.

- In line with good clinical practice, assess the patient's condition and areas of potential risk prior to deciding which pads and positioners to use.
- Please ensure the patient is correctly positioned in a safe and secure manner at all times and ensure that no excess pressure is applied to any one area. Pay particular attention to areas of high risk.
- A sheet may be placed over the product; however, this will reduce its shear relieving properties. If a sheet is used, it should fit loosely over the products and be unstarched and free of wrinkles or folds.
- Products should be handled with care. Avoid placing sharp instruments on the products as they will puncture the film.
- Pads may be heated to body temperature in an oven, pre-heated to 40°C, or on a heated mattress.

Please follow instructions of the oven or mattress manufacturer as appropriate. (Please refer to good clinical practices)

- The products can be cooled to -12°C without any adverse effects.
- Avoid pulling table pads while patients are lying on them, as excessive force will adversely affect them.
- Avoid pulling products along rough or sharp surfaces.
- Products should be checked for wear and tear. If damage occurs (e.g. cut, crack or tear) the product should be discarded.
- Products should be clean and dry before use.
- The Oasis + discs aid slip reduction, however they should be used in conjunction with other anti-slip measures. (Please refer to good clinical practices)
- The Oasis + range is 100% silicone. It is 'oily to touch' as the silicone releases oil, this is hypo-allergenic and gives extra grip.
- Do not expose the product to a naked flame.
- Use correct lifting techniques when lifting heavy products.
- Please store all products flat.
- Fold large table pads in sections of approximately 35cm when storing.

## Oasis Extremity Belt (OA113) and Oasis Positioning Belt (OA110)

This product is designed to assist in stabilizing the patient when positioned on the operating table, and is not designed to support weight of the patient.

## Prone Positioners EL903 and EL904/ELP914

- For Maximum protection, this product should be used in conjunction with the prone headrest (EL141), and a low chest roll or universal Positioner to elevate the feet

- See image 1

- Ensure the patient is positioned safely and securely.
- Please ensure straps are securely wrapped around the side rails of the table (EL903)

## ELTS40 Elite Trendelenburg System Set Up

1. To begin place the Anti-Slip Mat at the base of the table.
2. The Positioner should then be aligned on top of the Anti-Slip Mat.
3. Fasten straps to the rail.
4. Place the headrest as close to the Positioner as possible; noting the directional arrows.
5. When transferring the patient, make sure the shoulders are aligned with the indicators on the main body of the Positioner. (Refer to image 2&3, page 4).
6. Place patients head onto headrest. Once the patient is correctly positioned, please place the patient's legs into the leg stirrups.
7. Once the patient is correctly positioned, Shoulder Supports can be added. To attach Shoulder Supports, fit the L-Bracket provided by sliding the L-Bracket into the receiver, located at the front of the support.
8. The L-Bracket should then be placed into the Clamp.
9. Gently slide the Shoulder Supports forward underneath the patient.
10. If there is not a continuous rail, or if fixing prevents the attachment, move the system back to a position that best accommodates the Shoulder Supports and Clamps.
11. Manoeuvre the pockets over the Shoulder Supports.
12. Secure the system by tightening the Clamps on the surgical rail. Arm retainers can be added by pushing the flat side of the board under the mattress
13. Before surgery a tilt test should be performed, to ensure the patient is secure. Please note our system also works in lateral tilt.

For further information and images please refer to the ELTS40 set-up guide included with your products or view the set up video here <https://vimeo.com/180749129>

## EL913: Oasis Elite Lateral Park Bench Positioner

Ensure the gel side is facing up. Place the product with the longer side under the patient's body, ensuring the shorter side is draped over the side of the OR table as per image 4.

Please ensure straps are securely wrapped around the side rails of the table

This product should be used in conjunction with the Operating Room Tables Positioning-specific accessories. Please consult your table manufacturer for more information.

The EL800: Oasis Elite Lateral Leg Positioner is also suitable for this position. Ensure the patient is positioned safely and securely.

Oasis Elite Table Pads (EL030 and EL031)

For best results store product with Gel side facing outwards.

## Cleaning of your Trulife Pressurecare products.

- Products should be disinfected before and after use.
- Oasis, Oasis Elite, Azure and Oasis + products can be easily cleaned using standard operating room cleaning agents. Avoid soaking products in cleaning fluid.



- If product has Hook and Loop attachments keep it closed when not in use to reduce the build up of dust.
- If the Oasis + product attracts fibers. It can be easily cleaned under running water.
- Products should be dry before use.
- The Oasis + products have been tested for Autoclave sterilisation. The tests reported no discernible change from the products after 24 Autoclave Sterilisation Cycles at 134 °C and 3 minutes.
- For the ELTS40 system please follow cleaning instructions included with the Arm Retainer, the L- Bracket, and the Clamps. (ELT22-ELT24) The Trulife Shoulder Support (ELT21) can be cleaned using standard operating room cleaning agents

For more information on cleaning agents and other testing, please contact your local distributor.

### Handling

Gently remove pads from tables or surgical equipment. To transfer large table pads (not containing foam) you may roll the pad and carry it cradled in arms. To transport larger foam or gel products, fully support the pad with two hands or cradle it in arms when possible. Carts are recommended for transporting bulkier items.

### Disposal instructions

Any disposal practice must be in compliance with all local and national laws and regulations.

All packaging materials used for your Pressurecare product can be recycled.

In the unlikely event should any problems arise with your Pressurecare product, please contact your local distributor. If returning a damaged product, please disinfect prior to sending.

If you have any questions or comments regarding any Products, please contact your local distributor.

### Important Notes

Please retain these Instructions for Use, for referral. Serious Incidents that occur in relation to these products should be reported to Trulife at [quality\\_department@trulife.com](mailto:quality_department@trulife.com) and the Competent Authority of your member state.

## Trulife Product Codes

*\*If an initial is visible beside your Trulife product code, this may refer to your Trulife Pressurecare distributor.*

### Azure Range

Code	Description	Dimensions (mm)
AZ100	Head Protector	260x250x50
AZ200	Arm Protector (Short)	330x140x30
AZ201	Arm Protector (Long)	460x180x35
AZ300	Sacral Protector (Small)	400x380x25
AZ301	Azure Sacral Protector Large	450x445 x30
AZ400	Leg Protector	515x180x40
AZ401	Heel Protector	190x175x30
AZ410	Azure Crutch Stirrups	370x205x25
AZ500	Universal Patient Positioner	425x155x60
AZ610	Table Pad (short)	520x520x10
AZ611	Table Pad (3/4 length)	1150x520x10

### Oasis Elite Range

Code	Description	Dimensions(mm)
EL011	Closed Head Ring, Adolescent	140x34
EL012	Closed Head Ring, Adult	200x50
EL021	Open Head Ring, Adolescent	140x134
EL022	Open Head Ring, Adult	200x54
EL030	Table Pad	520x520x30
EL031	¾ Table Pad	1150x520x20
EL070	Armboard Pad	400x125x20
EL072	Armboard Pad	600x125x20
EL130	Heel Padsx2	180x100x70
EL141	Head Rest, Adult	280x240x140
EL142	Head Rest, Adolescent	273x220x135

## Trulife Product Codes

EL151	Supine Head Rest	272x237x90
EL152	Supine Head Rest, Adolescent	275x230x65
EL210	Dome Positioner	350x150x75
EL214	Chest Roll	300x140x110
EL215	Chest Roll	400x140x110
EL216	Chest Roll	505x140x110
EL217	Chest Roll	405x150x150
EL218	Chest Roll	510x150x150
EL401	Oasis Elite Arm/Knee Pad Large	510x155x40
EL402	Oasis Elite Arm/Knee Pad Small	400x150x40
EL800	Lateral Leg Positioner	650x400x230
EL900	Lateral Positioner	720x500x160
EL903	Prone Chest Positioner	610x530x130
EL904	Large Prone Positioner	1115x520x140
EL913	Lateral Park Bench Positioner	520x413x230
ELP914	Oasis Elite Positioners Prone Pad	480x1014x140
	<b>Oasis Range</b>	
Code	Description	Dimensions(mm)
OA010	Closed Head Ring, Paediatric	90x20
OA011	Closed Head Ring, Adolescent	140x35
OA012	Closed Head Ring, Adult	200x45
OA020	Open Head Ring, Paediatric	90x22
OA021	Open Head Ring, Adolescent	140x35
OA022	Open Head Ring, Adult	200x50
OA030	Operating Table Pad	520x520 x10
OA031	Operating Table Pad	1150x520x10
OA032	Operating Table Pad	1800x520x10
OA033	Oasis Pediatric Full Length Table pad	605x335x10

## Trulife Product Codes

OA036	Table Pad, Head Section	225x500x10
OA037	Table Pad, Torso Section with Perineal cut-out	990x500x10
OA040	Perineal Table Pad	520x520x10
OA050	Patient Positioner, Ex-Small	150x60x40
OA051	Patient Positioner, Small	330x70x50
OA052	Patient Positioner, Medium	290x100x60
OA053	Patient Positioner, Large	345x120x70
OA061	Ulnar/Brachial Nerve Protector	460x210x8
OA062	Full Length Ulnar/Brachial Nerve Protector	460x380x 8
OA070	Armboard Pad	395x115x10
OA071	Armboard Pad, Large	600x200x10
OA072	Armboard Pad, Long	600x125x10
OA090	Crutch Stirrup Pads	320x220x10
OA091	Crutch Stirrup Pads, Large	395x245x10
OA092	Crutch Stirrup Pads, Large	520x300x10
OA100	Arm Retainer Cover	170x110x18
OA101	Oasis Contoured Armboard Pad	510x150x35
OA110	Patient Positioning Belt	505x85x8
OA113	Extremity Belt	315x45x10
OA130	Heel Pads	180x100x70
OA131-2	Heel Cups	105x90x43
OA131-36	Heel Cups	105x90x43
OA140	Face Pad	165x80x8
OA200	Heel And Ankle Protector	250x120x10
OA211	Chest Roll w/ Flat Bottom	305x95x75
OA212	Chest Roll w/ Flat Bottom	405x95x75
OA213	Chest Roll w/ Falt Bottom	505x92x75

## Trulife Product Codes

<b>Oasis +</b>		
Code	Description	Dimensions(mm)
OP151	Head & Neck Support	264x220x66
OP015	Disc	200x200x4
OP101	Long arm Pad	500x161x40
OP070	Short Arm pad	395x134x10
OP130	Heel Pads	151x134x66
OP132	Heel Protectors	127x162x71
OP041	Universal Prole Pad	520x520x9
<b>Elite Trendelenburg System</b>		
Code	Description	Dimensions(mm)
TR012	Trendelenburg Head Rest	260x220x170
ELT900	Elite Trendelenburg Positioner	850x550x110
ELT015	ET Anti Slip Mat	520x300x6
ELT21	ET Shoulder Support Pair	260x170x250
ELT23	ET Bracket Pair	225x180x25
ELTS40	Elite Trendelenburg System 40°	System



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